



Join the tribe - 9th annual

# TranceDance

## Shamanic Retreat & Festival

Kalani Oceanside Retreat, Big Island, Hawaii

May 12-21, 2008



An exploration and celebration of **Shamanic Spirituality** in the amazing natural environment of the Big Island of Hawaii:

**7 Temples Of The Soul** Shamanic Chakra Evolution & TranceDance Journeys, **Soul Hunting**, powerful lava, tropical coastal rainforest, ancient Hawaiian culture...



## TranceDance - way more soul

[www.trancedance.com](http://www.trancedance.com)



### Location

**Kalani Oceanside Retreat** is a unique experience of natural Hawaii. It is located on the Pacific Ocean in the Puna district and comprises of 113 acres of exotic coastal rainforest within Hawaii's largest conservation area. This area offers a spectacular coastline formed by volcanic rock, tropical vegetation and magnificent palm trees as well as recent lava flows, and the powerful surf pounding the shore is a playground for turtles and dolphins.



Close to Kalani Oceanside Resort is **Kehena Beach** – a black sand beach frequently visited by dolphins –, tide pools for calm water swimming and snorkeling, natural steam vents and a warm water pond. At Volcanoes National Park you can see the **active Kilauea Volcano** spilling her lava into the nearby ocean.

Kalani offers shared lodging in a 'Hale' (lodge) room, private cottages, and a three acre camping area with hot showers and restroom facilities. Three delicious meals including local Hawaiian fruits and organic produce are served daily on the open-air lanai. Kalani's amenities include an **Olympic Swimming Pool**, two open-air Jacuzzis and a sauna. You can treat yourself to massage, spa therapies, or traditional LomiLomi (Hawaiian) bodywork.



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## Program Outline

The Shamanic Retreat is an exploration and celebration of shamanic spirituality. Ritual & educational experiences will include:

- ✿ **TranceDance:** *Entering Our Body/Mind Consciousness*
- ✿ **The 7 Temples Of The Soul:** *Shamanic Chakra Evolution & TranceDance*
- ✿ **Soul Hunting Ritual:** *Finding The Lost Pieces Of Self*
- ✿ **Journeying For Power:** *The Spirit Animal Journey*
- ✿ **The Trance Meditation:** *Exploring The Faces Of Time*
  
- ✿ Traditional **Kahiko Hula** Ritual & Performance
- ✿ Sacred **Voodoo** Ritual
- ✿ Fire Spinning & Dance Celebration
- ✿ Exploration of the **Kilauea Volcano & Pele** (Fire Goddess) Ritual
- ✿ Journey to **Waipio Valley**, Home of the Ancient Hawaiian Culture
- ✿ Visit to the **Keck Astrological Observatory** on top of the Mauna Kea Volcano.
- ✿ Traditional **Lauhala** Weaving



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## Daily Schedule

**Mornings.** Each morning session will be a segment of **The 7 Temples Of The Soul Journey**. The sessions begin with a brief introductory lecture describing the shamanic mythology of each of the 7 chakra energy centers, followed by TranceDance journeys which will be a progressive exploration of our psyche from darkness to light...



These **TranceDance** experiences – where participants dance blindfolded and use a specific breathing pattern – promote deep physical, mental and emotional cleansing and transformation. They stimulate an eventual series of **peak experiences** which usually occur during and also well after the completion of the retreat.

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**Afternoons** are free and participants will have ample opportunity to enjoy the many amenities found at Kalani Oceanside Resort. You can also explore the many unique natural and ecological features of the area, including a large **Warm Pond** (fed by ocean waves and heated from volcanic activity deep in the earth), **Kehena Beach**... a black sand beach frequented by dolphins, and the **Lava Tubes** ...a natural sauna created by lava tube cracks which vent steam from the Kilauea Volcano.



**Evening sessions** are dedicated to special shamanic rituals. These include a *Fire Ritual*, *Soul Hunting Ritual*, *Faces Of Time Trance Meditation* and a journey to visit *Pele*, the fire goddess active within the Kilauea Volcano, with a breathtaking close up view of molten lava flowing into the Pacific Ocean.

### What to bring

- ✿ Wear loose, comfortable clothing suitable for movement.
- ✿ Bring a cloth bandana or blindfold.
- ✿ Bring a spiral notebook with pen/pencil.
- ✿ Bring a complete white outfit, which should also be loose and comfortable.
- ✿ Bring any Power Objects or articles that have spiritual significance to you.

### About Wilbert Alix



Wilbert Alix is a teacher with many years of experience exploring the contemporary application of ancient healing rituals. His passionate work blends modern science and ancient mysticism into powerful contemporary tools which radically transform the way we approach ourselves, psychotherapy, education, ecology, and resolving personal and cultural conflicts. With TranceDance & Soul Hunting he has introduced thousands to the mysteries which lie within Shamanism.

Wilbert's current focus is the development of a psycho/spiritual curriculum titled *Power Ethics: Cultivating Growth Through Integrity*. He teaches an extensive shamanic as well as a progressive psychology curriculum in North America, Europe, and South America:



### Contemporary Shamanism Curriculum



**Contemporary Shamanism** is where mystical wisdom meets modern technology and scientific innovation. Contemporary Shamanism explores spiritual evolution through both shamanic healing rituals and current research in science & medicine... together transforming the way we experience our relationship to our inner self and the world around us.

1. **TranceDance:** Entering Your Body/Mind Consciousness
2. **Rites Of Passage:** The 12 Mystical Stages Of Your Spiritual and Physical Evolution
3. **Soul Hunting:** Finding The Lost Pieces of Self
4. **The Touch of Passion**
5. **The Energizer Training**
6. **Shamanic Retreats**
7. **TranceDance Facilitator Training**

You can find details, articles and testimonials about this as well as the progressive psychology curriculum at [www.trancedance.com](http://www.trancedance.com).

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## Shamanic Retreat & Festival

**Kalani Oceanside Retreat, Big Island, Hawaii**  
**May 12-21, 2008**

### Location

**Kalani Oceanside Retreat**  
Kehena Beach, Hawaii  
Find detailed information at  
<http://www.kalani.com/>

### Cost, Lodging, Food

**\$2195.00** (per person - double occupancy) for a **Lodge room** (shared bath).  
**\$2595.00** (per person - double occupancy) **Private Cottage** (private bath).  
**\$1695.00** for **camping** (bath facilities available).

This fee is inclusive of all lodging, meals and program fees. A (non-refundable) **deposit of \$200** will reserve your space. You can pay and register online at <http://www.trancedance.com/> or send your address details and payment to the email/postal address below (please make checks payable to Wilbert Alix). Visa, MasterCard, AMEX and Discover accepted. **Please note:** The balance must be paid in full by April 12, 2008. **All fees increase by 5% after April 12.**

### Travel info

Participants will be flying into the city of **Hilo, Hawaii**. Kalani is approx 40 miles from Hilo Airport. Airport transportation can be arranged on request.

### Any Questions?



Feel free to contact us:

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